



Glover's Reef & Maya Mountains

Explore the wonders of the tropical rainforest before venturing out to the palm-fringed white sand cayes of Glover's Reef Atoll.

Duration: 7 Nights

Starts: Belize City

Finishes: Dangriga

Seasonal Trip: November to April

Habitats: Tropical Rainforest & Barrier Reef

Activity level: ●●○○○ [2] No experience required

Activities: Zip-line, Waterfall Rappelling, Birding, Chocolate Tour - Cave Tubing - Wildlife Viewing, Snorkeling, Hand-Line Fishing, Sea-Kayaking, Kayak-Sailing, Stand-up Paddle Boarding, Lionfish Hunt, Conk+Lobster Harvest (seasonal), Inter-Tidal Exploration

Optional: Scuba diving -fees apply

Package includes:

- 3-night standard accommodations in the jungle
- 4-night "basecamping" accommodations
- Meals (as per itinerary)
- Land and boat transfers between locations
- 1 domestic flight Belize City to Dangriga
- Guided activities and equipment (as per itinerary)
- Park fees and taxes

Accommodations: Bocawina Rainforest Resort, Glover's Reef Basecamp on Southwest Caye

What Makes it Special: Cultural Immersion - Private Island "Glamping" - Sleeping next to the Sea - Caribbean Sunsets - Fresh Local Seafood - Fishing for Dinner - Stargazing - Happy Hour on the Beach - Octopus Safari -Jungle Canopy Zipline - Cultural Chocolate Experience - Waterfall Rapelling - Night Walks - Cultural Drumming - Paddling Expeditions - Belize's Best Guides

Trip Highlights: The River of Caves, Glover's Reef Atoll, Bocawina Rainforest Resort

Pairs well with: Cayo Caves and Temples, Maya World, Sacred Temples and Caves Extensions

Not Included: airfare, gratuities, medical/travel insurance, snorkel gear rental, scuba diving, costs incurred by flight delays

Pricing: Per person, based on double room occupancy. Single supplement is subject to availability. Please contact our trip planners for more details



Overview:

Experience two of Belize's most spectacular landscapes in one unforgettable trip. Begin deep within a national park at Bocawina Rainforest Resort, where adventure awaits around every corner. Explore an extensive network of jungle trails, cascading waterfalls, and natural pools while discovering the incredible wildlife and biodiversity that make this protected area so remarkable. Next Journey to our basecamp on **Southwest Caye at Glover's Reef Atoll** where you'll enjoy a private tropical island and some of the healthiest and most diverse populations of coral in the entire Caribbean.

Glover's Reef Atoll: At approx. 20 miles long and 8 miles wide, Glover's Reef is home to over 800 coral patch reefs-many within a UNESCO World Heritage Site. The atoll consists of 5 coral islands semi-protected along the atolls Southeast crest - providing excellent kayaking and SUP opportunities for both beginner and experienced paddlers.

Mayflower National Park: Established in 2001, the park covers an estimated 7,000 acres of dense tropical rainforest and is home to howler monkeys, jaguars, tapirs, anteaters and over 200 bird species.

Basecamping: Our spacious safari-style tents are on raised wooden floors, have ample headroom to walk around, and are equipped with wood-framed beds (6-inch foam mattresses). Tents can be configured with either double or single beds. All bed linen is provided.

Typical Daily Itinerary:

Day 1: Upon arrival at the Belize City International airport you'll check in at the Maya Island Air desk and board a plane for a short scenic flight to Dangriga. Upon arrival, rendezvous with your driver and take the 30 minute journey to Bocawina Rainforest Resort in the foothills of the Maya Mountains. Tonight where you can explore on your own. Tonight we dine in the rainforest at the Wild Fig restaurant and learn about the plan for the coming days.

Accommodation: Bocawina Rainforest Resort

Meals: Dinner



Itinerary Cont.

Day 2: Rise with the first light filtering through the jungle mist as the rainforest awakens around you. With over 200 species of birds in the immediate area, grab your binoculars, find a perch, sip some coffee and immerse yourself in the sights and sounds of this extraordinary place – and all before breakfast!

After a hearty meal and a stop by the adventure center, you will embark on an exhilarating jungle adventure to the top of a 250ft waterfall. The trail to Antelope Falls leads deep into the national park, passing an un-excavated Maya ruin and climbing steadily through lush jungle terrain. The guides will share fascinating insights into the rainforest's diverse flora and fauna as you take breaks along the way.

Your effort is rewarded at the summit as you cool off in a natural emerald pool and enjoy a view that stretches all the way to the Caribbean Sea – a truly breathtaking setting! After a well-earned break, those seeking an extra dose of adventure can rappel down the face of Antelope Falls. This thrilling descent is entirely optional but highly recommended. Guests who prefer to keep their feet on the trail are welcome to hike back down at a leisurely pace where a pre-ordered lunch awaits at the Wild Fig Restaurant. Spend the afternoon experiencing one of the country's longest zipline courses. You will fly through the jungle canopy across 14 platforms and 9 separate runs – the longest being over 2300 feet! Enjoy a nightly "boca" happy hour in the Wild Fig restaurant and exchange stories about the day.

Note: Antelope Falls is a 2-pitch, 250 foot drop – the minimum weight to participate is 100lb. An alternative for families with children and those looking for a less strenuous experience is the Lower Bocawina Falls hike and rappel.

Accommodation: Bocawina Rainforest Resort

Meals: Breakfast, Lunch, Dinner

Day 3: Today you'll spend your day offsite beginning with a scenic drive through the Maya Mountains before arriving at the Caves Branch Archeological Reserve. Lay back on a tube as the Caves Branch River winds you through limestone caverns once considered sacred by the Maya people. Witness the crystal formations and learn the fascinating history that awaits around every bend. Later in the day, visit a traditional Maya chocolate maker and discover the remarkable journey from cacao bean to handcrafted chocolate – complete with samples and insights into this centuries-old craft. During the evenings at Bocawina, we gather for our daily "boca" – a relaxed happy hour to share stories and reflect on the day's events. Raise a glass, enjoy great company, and savor a delicious dinner every night at the Wild Fig Restaurant. If you'd like a day at Bocawina to explore the area on your own or just relax, you can opt out from any of the guided activities in the itinerary. Everything is optional.

Accommodation: Bocawina Rainforest Resort

Meals: Breakfast, Lunch, Dinner

"A very well organized vacation; guides adapted to weather, provided lots of options for activities each day, allowed us to make decisions about what we wanted to do, and provided alternatives each day; staff throughout the trip were very pleasant, and skilled at their jobs. I really appreciated their understanding of the information they shared with us and their obvious enthusiasm for their job."

Nancy & Andrew - BC Canada

Itinerary Cont.

Day 4: Enjoy your final breakfast in the jungle before a short drive to Dangriga and 10:00AM boat departure. You'll travel beyond the Mesoamerican Barrier Reef System to our private basecamp on Southwest Caye, Glover's Reef. The distance travelled is approx. 36 miles and takes 1.5 hours. Upon arrival you'll be introduced to your new island paradise, given some time to settle in and served lunch a few feet from the waters edge. In the afternoon, we bring our snorkel gear and paddle to a nearby patch reef – one of over 700 snorkel sites Glover's Reef Atoll has to offer.

Accommodation: Glover's Reef Basecamp

Meals: Breakfast, Lunch, Dinner

Days 5-7: Start your day with an early swim or grab a mat and practice sunrise yoga by the beach. Over the coming days, an array of guided activities will be offered based on weather conditions and group interest. You'll get the chance to experience everything this area has to offer from paddling and kayak sailing to fishing and night snorkeling. We also host informative sessions on Belize, the marine environment, and local culture. All guided sessions are optional and laying in a hammock is considered an "official activity". Evenings on Southwest Caye are filled with happy hour gatherings, cold beverages, night walks, beach games, star gazing, cultural presentations, and incredible Caribbean sunsets.

Accommodation: Glover's Reef Basecamp

Meals: Breakfast, Lunch, Dinner

Day 8: This is your final morning in paradise – take it all in! At this point in the trip, many of our guests are already planning their next visits. Your boat charter will arrive at the island at approx. 9:30AM to take you back to the mainland. This trip officially ends at the dock in Dangriga where our logistics and support staff will help coordinate your land/air transfers.

Accommodations: None

Meals: Breakfast

Travel Notes: Guests flying home on Day 8 require a short domestic flight from Dangriga to Belize International Airport (BZE) and an international flight that leaves no earlier than 3:00PM.

Contact our Trip Planners for Flight & Hotel Packages or to extend your Belize itinerary by combining this trip with another Island Expeditions adventure or extensions.



All itineraries are subject to change depending on weather and safety considerations.

As our international guest, flexibility is key to an unforgettable and un-BELIZE-able experience.