



Double Atoll Adventure

Explore the Wonders of Two UNESCO World Heritage Sites, Combining Lighthouse Reef and Glover's Reef for an Unforgettable Belize Experience!

Duration: 12 Nights

Starts: Belize City

Finishes: Dangriga

Seasonal Trip: December to April

Habitats: Barrier Reef, Tropical Rainforest

Activity level: ●●○○○ [2] No experience required

Activities: Snorkelling - Sea Kayaking - Kayak Sailing - Hand Line Fishing - Wildlife Viewing, Standup Paddle Boarding - Inter-Tidal Night Walk - Zipline - Waterfall Rappelling - Conk/Lobster Harvest (seasonal) - Lionfish Hunting - Beach Games - Drumming - Cave Tubing

Optional: Scuba diving - *please inquire*

Package includes:

- 1-night Belize Biltmore Plaza
- 4-night "basecamp" at Lighthouse Reef
- 3-night accommodations at Bocawina Rainforest
- 4-night "basecamp" at Glover's Reef
- 1 domestic flight
- Meals (as per itinerary)
- Boat transfers between locations
- Guided activities and equipment (as per itinerary)
- Park fees and taxes

Accommodations: Belize City Biltmore Plaza, Lighthouse Reef Basecamp on Half Moon Caye, Bocawina Rainforest Resort, Glover's Reef Basecamp on Southwest Caye

What Makes it Special: Cultural Immersion - Private Island "Glamping" - Sleeping next to the Sea - Caribbean Sunsets - Fresh Local Seafood - Fishing for Dinner - Stargazing - Happy Hour on the Beach - Walk-off Snorkeling - Octopus Encounters - Night Snorkeling - The Blue Hole - Island Bird Sanctuary - Jungle Canopy Zipline - Waterfall Rapelling - Night Walks - Cultural Drumming - Paddling Expeditions - Belize's Best Guides

Trip Highlights: Lighthouse Reef Atoll - The Great Blue Hole - Nohoch Che'en Archeological Reserve - Bocawina Mayflower National Park - Glover's Reef Atoll

Pairs well with: Cayo Caves and Temples, Maya World, and Sacred Temples and Caves Extensions

Not Included: airfare, gratuities, medical/travel insurance, snorkel gear rental, scuba diving, costs incurred by flight delays

Pricing: Per person, based on double room occupancy. Single supplement is subject to availability. Please contact our trip planners for more details



Overview:

A unique opportunity to visit two coral atolls in one visit - both with their own marine protected areas and UNESCO world heritage sites. Discover Belize's most remote island group at **Lighthouse Reef Atoll** where you'll stay at our exclusive basecamp on **Half Moon Caye**. Experience the jungle at **Bocawina Rainforest Resort** in the heart of the **Mayflower National Park**. Enjoy one of the most diverse concentrations of coral in the entire Caribbean at **Glover's Reef Atoll**.

Lighthouse Reef: Due to its isolated location from the mainland, the waters of Lighthouse Reef are exceptionally clear with the most abundant fish populations in Belize. This rich ecosystem offers access to some of the best snorkeling and scuba diving in the Caribbean.

Glover's Reef: The least populated of Belize's atolls. This area is known to have some of the healthiest and biodiverse coral populations in the entire Caribbean.

Basecamping: Our spacious safari-style tents are on raised wooden floors, have ample headroom to walk around, and are equipped with wood-framed beds (6-inch foam mattresses). Tents can be configured with either double or single beds. All bed linen is provided.

Typical Daily Itinerary:

Day 1: Arrive in Belize City International Airport (BZE), and be met with an Island Expeditions (IE) representative who will transfer you to the Belize Biltmore Plaza. Check into your first night's accommodation and acclimatize to your new environment. Meals can be purchased at the hotel and are not included on this day. You will meet your fellow travellers the following morning.

Accommodation: Biltmore Plaza

Meals: N/A

Day 2: Meet your IE driver at 8:30AM in the hotel lobby. A stop will be made along the way for any last minute snacks and provisions before arriving at the dock for a 10:00AM departure. You'll make the journey in a large modern covered boat, passing through narrow mangrove channels and tropical islands before arriving at Half Moon Caye on Lighthouse Reef Atoll. The distance travelled is approx. 55 miles and takes 2-2.5 hours. Upon arriving at Half Moon Caye, we will orient you to the island and settle you into your accommodations - right on the waters edge! You will enjoy a late lunch followed by a snorkeling introduction and guided session at one of our local house reefs.

Accommodation: Half Moon Caye Basecamp

Meals: Lunch, Dinner

All itineraries are subject to change depending on weather and safety considerations.
As our international guest, flexibility is key to an unforgettable and un-BELIZE-able experience.



Itinerary Cont.

Day 3-5: Over the coming days, an array of guided activities will be offered based on weather conditions and group interest. Many of our guests snorkel multiple times a day and begin with the shallow house reefs around the island before venturing to other areas accessible only by kayak or motorboat. On this trip you'll get the opportunity to try everything from kayak-sailing to Belizean "hand-line" Fishing. All guided sessions are optional and laying in a hammock is considered an "official activity". Evenings on Half Moon Caye are filled with happy hour gatherings, night walks, beach games, star gazing, cold beverages, cultural presentations, and incredible Caribbean sunsets.

You will also journey to the world renowned Great Blue Hole. A huge collapsed sinkhole that was made famous by ocean explorer, Jacques Cousteau. Travel by motorboat, paddle, or sail the 6 miles to this famous site where you'll marvel at the Great Blue Hole "drop off" before snorkelling the coral encrusted outer ring. This is a great place to practice more advanced snorkeling techniques or observe others doing so from the surface.

Accommodation: Half Moon Caye Basecamp

Meals: Breakfast, Lunch, Dinner

Day 6: The choice is yours for your last morning on Half Moon Caye. Snorkel your favorite patch reef, walk the island trails, or swing in a hammock. After an early lunch you will board the motor boat charter and return to the mainland. Expect to arrive by mid afternoon where you will transfer to the municipal airport for a short scenic flight to coastal Dangriga. Upon arrival you will meet your driver and journey 30 minutes into the southern Maya Mountains to the beautiful Mayflower Bocawina National Park. Spend the rest of the day learning about the property and settling into the resort. You may want to sign up for the optional guided night walk on this evening.

Accommodation: Bocawina Rainforest Resort.

Meals: Breakfast, Lunch, Dinner

Day 7: Rise with the first light filtering through the jungle mist as the rainforest awakens around you. With over 200 species of birds in the immediate area, grab your binoculars, find a perch, sip some coffee and immerse yourself in the sights and sounds of this extraordinary place – and all before breakfast!

After a hearty meal and a stop by the adventure center, you will embark on an exhilarating jungle adventure to the top of a 250ft waterfall. The trail to Antelope Falls leads deep into the national park, passing an un-excavated Maya ruin and climbing steadily through lush jungle terrain. The guides will share fascinating insights into the rainforest's diverse flora and fauna as you take breaks along the way.



Itinerary Cont.

Your effort is rewarded at the summit as you cool off in a natural emerald pool and enjoy a view that stretches all the way to the Caribbean Sea – a truly breathtaking setting! After a well-earned break, those seeking an extra dose of adventure can rappel down the face of Antelope Falls. This thrilling descent is entirely optional but highly recommended. Guests who prefer to keep their feet on the trail are welcome to hike back down at a leisurely pace where a pre-ordered lunch awaits at the Wild Fig Restaurant. Spend the afternoon experiencing one of the country's longest zipline courses. You will fly through the jungle canopy across 14 platforms and 9 separate runs – the longest being over 2300 feet! Enjoy a nightly “boca” happy hour in the Wild Fig restaurant and exchange stories about the day. **Note:** Antelope Falls is a 2-pitch, 250 foot drop – the minimum weight to participate is 100lb. An alternative for families with children and those looking for a less strenuous experience is the Lower Bocawina Falls hike and rappel.

Accommodation: Bocawina Rainforest Resort

Meals: Breakfast, Lunch, Dinner

Day 8: Today you'll spend your day offsite beginning with a scenic drive through the Maya Mountains before arriving at the Caves Branch Archeological Reserve. Lay back on a tube as the Caves Branch River winds you through limestone caverns once considered sacred by the Maya people. Witness the crystal formations and learn the fascinating history that awaits around every bend. Later in the day, visit a traditional Maya chocolate maker and discover the remarkable journey from cacao bean to handcrafted chocolate – complete with samples and insights into this centuries-old craft. During the evenings at Bocawina, we gather for our daily “boca” – a relaxed happy hour to share stories and reflect on the day's events. Raise a glass, enjoy great company, and savor a delicious dinner every night at the Wild Fig Restaurant. If you'd like a day at Bocawina to explore the area on your own or just relax, you can opt out from any of the guided activities in the itinerary. Everything is optional.

Accommodation: Bocawina Rainforest Resort

Meals: Breakfast, Lunch, Dinner

The Mayflower Bocawina National Park: For those looking for a less structured day at Bocawina, the park is a haven for hiking enthusiasts – offering a network of trails for various skill and fitness levels. The family friendly Bocawina Falls or Bird Loop trail is perfect for a leisurely hike and for those looking to test their limits the Big Drop Falls trail offers a rugged 6 mile loop with multiple waterfalls and jungle pools along the way.

"A very well organized vacation; guides adapted to weather, provided lots of options for activities each day, allowed us to make decisions about what we wanted to do, and provided alternatives each day; staff throughout the trip were very pleasant, and skilled at their jobs. I really appreciated their understanding of the information they shared with us and their obvious enthusiasm for their job."

Nancy & Andrew - BC Canada

Itinerary Cont.

Day 9: Enjoy your final breakfast in the jungle before a short drive to Dangriga and 10:00AM boat departure. You'll travel beyond the Mesoamerican Barrier Reef System to a private basecamp on Southwest Caye, Glover's Reef. The distance travelled is approx. 36 miles and takes 1.5 hours. Upon arrival you'll be introduced to your new island paradise, given some time to settle in and served lunch a few feet from the waters edge. In the afternoon, we bring our snorkel gear and paddle to a nearby patch reef – one of over 700 snorkel sites Glover's Reef Atoll has to offer.

Accommodation: Glover's Reef Basecamp

Meals: Breakfast, Lunch, Dinner

Days 10-12: Start your day with an early swim or grab a mat and practice sunrise yoga by the beach. Much like at Lighthouse Reef, we keep our itinerary flexible to respond to the interests and abilities of the group and the current weather conditions. The intertidal zone off Southwest Caye is a fascinating ecosystem for guided and non-guided exploration. Expect a night walk tour on one of the evenings to look for octopus, anenomes, and other nocturnal creatures.

Accommodation: Glover's Reef Basecamp

Meals: Breakfast, Lunch, Dinner

Day 13: This is your final morning in paradise – take it all in! At this point in the trip, many of our guests are already planning their next visits. Your boat charter will arrive at the island at approx. 9:30AM to take you back to the mainland. The Double Atoll Adventure officially ends at the dock in Dangriga where our logistics and support staff will help coordinate your land/air transfers.

Accommodations: None

Meals: Breakfast

Travel Notes: Guests flying home on Day 13 require a short domestic flight from Dangriga to Belize International Airport (BZE) and an international flight that leaves no earlier than 3:00PM.

Contact our Trip Planners for Flight & Hotel Packages or to extend your Belize itinerary by combining this trip with another Island Expeditions adventure or extensions.

