



# Double Atoll Adventure

Explore the Wonders of Two UNESCO World Heritage Sites, Combining Lighthouse Reef and Glover's Reef for an Unforgettable Belize Experience!"

**Duration:** 12 Nights

**Starts:** Belize City

**Finishes:** Dangriga

**Seasonal Trip:** December to April

**Habitats:** Barrier Reef

**Activity level:** ●●○○○ [2] No experience required

**Activities:** Zipline, Waterfall Rappelling, Birding, Wildlife Viewing, Walk-in Snorkeling, Hand-Line Fishing, Sea-Kayaking, Kayak-Sailing, Stand-up Paddle Boarding, Lionfish Hunt, Conk+Lobster Harvest (seasonal), Inter-Tidal Exploration

**Optional:** Scuba diving -fees apply

**Package includes:**

- 1-night Belize Biltmore Plaza
- 4-night "basecamp" at Lighthouse Reef
- 3-night accommodations at Bocawina Rainforest Resort
- 4-night "basecamp" at Glover's Reef
- 1 domestic flight
- Meals (as per itinerary)
- Boat transfers between locations
- Guided activities and equipment (as per itinerary)
- Park fees and taxes

**Accommodations:** Belize Biltmore Plaza, Lighthouse Reef Basecamp on Half Moon Caye, Bocawina Rainforest Resort and Glover's Reef Basecamp

**Package does not include:** international airfare, gratuities, medical/travel insurance, snorkel/fly-fishing/scuba gear, additional activities (scuba), costs incurred by flight delays

**Trip Highlights:** Glovers Reef Atoll, Lighthouse Reef Atoll, walk-in snorkeling, paddling to different cayes, kayak sailing, night snorkel, zipline, waterfall rappelling, private island glamping, fishing for dinner, explore the magnificent frigate bird rookery and red-footed booby colony, flying over central Belize and the barrier reef

**Recommended for:** solo travellers, couples, off-grid adventurers, families, digital detox

**Pairs well with:** Cayo Caves & Temples Extension, Maya World Extension, Sacred Temples & Caves Extension

Pricing based on Double Occupancy. Single supplement subject to availability. Contact our Trip Planners for details.



## Overview:

A unique opportunity to visit two of Belize's coral atolls in one visit. Start with a stay at our **Glover's Reef Basecamp** on Southwest Caye- located in a marine protected area (MPA) and UNESCO world heritage site. Next, explore **Bocawina Rainforest Resort** in the heart of the **Mayflower National Park** where you'll swim pristine jungle pools, zip-line through the rainforest and rappel a waterfall. At last, travel to Belize's most remote island group at **Lighthouse Reef Atoll**, also a UNESCO world heritage site and MPA.

**Lighthouse Reef:** Due to its isolated location from the mainland, the waters of Lighthouse Reef are exceptionally clear with the most abundant fish populations in Belize. This rich ecosystem offers access to some of the best snorkeling and scuba diving in the Caribbean.

**Glover's Reef:** The least populated of Belize's atolls. This area is known to have some of the healthiest and biodiverse coral populations in the entire Caribbean. With over 800 accessible patch reefs, Glover's offers a truly incredible experience in the marine setting.

**Basecamping:** Involves sleeping in wall-tented cabanas. These spacious safari-style tents have ample headroom to walk around, are on raised wooden floors, and have comfortable wood-framed beds (6-inch foam mattresses). Tents can be configured with either double or single beds. All bed linen is provided.

## Typical Daily Itinerary:

**Day 1:** Upon arrival at the Belize City International airport, you will be met by an Island Expeditions representative and transferred to the Belize Biltmore Plaza. Enjoy the central courtyard, pool, restaurant and bar facilities.

**Accommodation: Belize Biltmore Plaza      Meals: Not included**

**Day 2:** We meet in the lobby at 8:30 am, and make way to our waiting motor boat charter. We travel by boat 56 miles out to sea, passing through mangrove ranges, white sand cayes, arriving at Belize's furthest island group, on Lighthouse Reef Atoll. Upon arriving at Half Moon Caye, your guide team will orient you to the island and camp to settle you into your accommodations. You will then enjoy a late lunch and then a session of sea kayaking and snorkeling instructions before heading out on the water.

**Accommodation: Half Moon      Basecamp Meals: Lunch, Dinner**

**Day 3-5:** Due to its isolated location from the mainland, the waters of Lighthouse Reef are exceptionally clear with the most abundant fish populations and colorful coral reefs in Belize. This rich ecosystem offers access to some of the best sea kayaking and snorkeling (as well as scuba diving) in the Caribbean.

You will have ample opportunities to learn from our guides about the marine reef ecology, the local flora and fauna, as well as the island's coconut and littoral forest (more common to the interior of the mainland). Half Moon Caye is a beautiful and rich 45-acre nature preserve, hosting a red-footed booby colony as well as a magnificent frigate bird rookery. We tour the viewing platforms built by the Belize Audubon Society to observe the many nesting sites on the island.

**Accommodation: Half Moon Basecamp      Meals: Breakfast, Lunch, Dinner**

All itineraries are subject to change depending on weather and safety considerations.

As our international guest, flexibility is key to an unforgettable and un-BELIZE-able experience.



## Itinerary Cont.

**Day 6:** Choose your own adventure for your last morning on Lighthouse Reef! Grab a mask, snorkel, and fins for a final visit to your favorite coral reef spot or fly fish on the flats. Our boat returns to Belize City where we board a plane for a short 30 minute flight to Dangriga, and a short drive into the southern Maya Mountains. Situated in the middle of Mayflower Bocawina National Park, Bocawina Rainforest Resort is the perfect location to experience the broadleaf tropical rainforest and the amazing flora and fauna.

You'll start your trip by settling in and learning about the property and the experiences that lie ahead in the surrounding mountains and rainforest. You may want to sign up for the optional afternoon activities or a nocturnal hike.

**Accommodation: Bocawina Rainforest Resort      Meals: Breakfast, Lunch, Dinner**

**Day 7:** Rise with the first light of day emerging through the jungle mist, and experiencing the sounds of the tropics is a pure delight, with the chatter of parrots and parakeets flying overhead. Finding a quiet spot to sip a coffee with binoculars close at hand is a sure way to soak in the essence of the rainforest.

After a hearty breakfast, we will make a quick stop to the adventure center and get outfitted with a harness. This exhilarating and invigorating hike to Antelope Falls carries us deep into the national park, past an unexcavated Mayan Ruin and up steep rainforest trails. We make a slow and steady pace up towards the falls, stopping to learn about the jungle flora and fauna from the guides.

At the crest of the hike, there is a rewarding cool off in the refreshing emerald pools at the top of the falls. From the top of the hill, we can see past the lowland savannah to the Caribbean sea. Just a breathtaking setting. After a break, the guides set us up to rappel down Antelope Falls. This is optional and highly recommended for those looking for a thrill. Guests are welcome to hike back down rather than rappel down. We hike back to the restaurant for our pre-ordered lunch.

**Note:** Antelope Falls is a 2 pitch, 250 foot drop. A minimum of 100 lb per participant. An alternative for families with children and those looking for a less strenuous experience, we recommend Bocawina Falls hike and rappel.

**Accommodation: Bocawina Rainforest Resort      Meals: Breakfast, Lunch, Dinner**

**Day 8:** Day eight is completely flexible. You can stay close to the lodge or follow a trail to a favorite pool or waterfall. The Mayflower Bocawina National Park is a haven for hiking enthusiasts, offering a captivating network of trails for various skill levels. The park features the family-friendly Bocawina Falls Trail or the Bird Loop, ideal for a leisurely hike. Adventure seekers can test their limits on the strenuous Big Drop Falls trail, leading to a spectacular waterfall.

**Accommodation: Bocawina Rainforest Resort      Meals: Breakfast, Lunch, Dinner**

*"A very well organized vacation; guides adapted to weather, provided lots of options for activities each day, allowed us to make decisions about what we wanted to do, and provided alternatives each day; staff throughout the trip were very pleasant, and skilled at their jobs. I really appreciated their understanding of the information they shared with us and their obvious enthusiasm for their job.*

*Nancy & Andrew - BC Canada*

## Itinerary Cont.

**Day 9:** Today we get an early start, meeting at 9:00 a.m. for a 9:30 a.m. departure from Dangriga. We travel beyond the main Barrier Reef to our private Basecamp on Southwest Caye, arriving around 10 a.m. Upon arrival, your guides will introduce you to your new environment, give you a camp orientation, and allow you to settle into your tent cabana. After lunch, we get out on the water where you'll receive professional instruction, learning the fundamentals of sea kayaking, snorkeling, and tropical water safety. We paddle to a nearby patch reef and begin exploring one of the 700 snorkel sites Glover's Reef Atoll has to offer.

**Accommodation: Glover's Reef Basecamp Meals: Breakfast, Lunch, Dinner**

**Days 10-12:** Start your day with an early swim or grab a mat and practice sunrise yoga by the beach. We keep our itinerary flexible to respond to the interests and abilities of the group and the current weather conditions. Activities include sea kayaking, snorkeling the lagoon and outer walls of the reef, Belizean-style handline fishing, and learning to sail a kayak. "Hammock surfing" with a good book and a cold beverage is also a popular option. We host informative sessions on Belize, the marine environments, and local culture. We end each day with a "boca" and drink to share stories of the day's adventure.

**Accommodation: Glover's Reef Basecamp Meals: Breakfast, Lunch, Dinner**

**Day 13:** Our boat charter departs mid-morning to take you back to the mainland. Your trip finishes in the coastal town of Dangriga, where our logistics and support staff will coordinate your land or air connections.

**Accommodations: None Meals: Breakfast**

**Travel Notes:** Travelers leaving Belize after this trip (day 13) require a short domestic flight from Dangriga to Belize International Airport (BZE) on Sunday afternoon. Please ensure your international flight departs after 3:00 p.m.

Due to the remote location of the Lighthouse Reef & Glover's Reef Basecamps, the activities on the reef portion of this trip are weather-dependent and are subject to change.

**Contact our Trip Planners for Flight & Hotel Packages or to extend your Belize itinerary by combining this trip with another Island Expeditions adventure or extensions.**

