



## Jungle & Beach - Placencia

The best of both worlds! A lodge-based journey in Southern Belize, combining a jungle adventure with relaxation & beach-time on the Placencia peninsula

**Duration:** 6 nights

**Starts:** Dangriga

**Finishes:** Placencia

**Seasonal trip:** May to November

**Habitats:** Broadleaf Rainforest & Belize Barrier Reef

**Activity level:** ●●○○○ [2] No experience required

**Activities:** Birding, Zip-lining, Hiking, Rappelling, Biking, Kayaking, and Stand-Up Paddle Boarding

**Package includes:**

- 3-night standard accommodation in jungle
- 3-night beachfront accommodation
- Meals (as per itinerary)
- Guided onsite jungle adventures: zipline, rappelling, hiking or birdwatching
- Kayaks, bikes and SUP access at beach
- Land transfers between resorts, and local airport
- Park fees and taxes

**Extra night:** Add 1 more night in the jungle (inc. 1 Bocawina off-site tour)

**Accommodations:** Bocawina Rainforest Resort, Umaya Resort Placencia

**Package does not include:** International or domestic airfare, meals in Placencia, gratuities, medical/travel insurance, additional activities, costs incurred by flight delays

**Trip Highlights:** Antelope Falls, the longest zipline in Belize, morning birdwatching | Beach & lagoon-front resort, spa, infinity pool & beach bar

**Recommended for:** Independent travelers, couples, honeymooners, families, LGBTQ travelers, girls trip

Pricing based on Double Occupancy. Single supplement subject to availability. Contact our Trip Planners for details.





**Bocawina Rainforest Resort:** This unique lodge is located in the Southern Maya Mountains in the heart of the Mayflower Bocawina National Park. Nowhere else in Belize can you enjoy the comforts of a boutique lodge, Belizean-style dining, and a limitless selection of adventures within a National Park. Waterfalls cascading into crystal clear jungle pools, vibrant tropical birds, cheeky howler monkeys and wild cats roaming a 7000-acre National Park provide an extraordinary rainforest setting. Birdwatching enthusiasts will find themselves enchanted with more than 300 species of birds to discover. Thrill-seekers must not miss Belize's longest zipline and choose one of two great waterfall rappelling adventures.

**Umaya Resort & Adventures:** Nestled on the northern end of Placencia Peninsula, this stunning resort offers a tranquil escape between a serene western lagoon and the vast turquoise Caribbean Sea to the east. Bask in the golden sands of Belize's best beaches from "Maya Beach" the perfect place to relax. This beachside sanctuary, complete with the Fyah Bar & Grill and swimming pools, invites endless relaxation. Venture on a bike to the local village of Maya Beach and enjoy the local restaurants and bars with their lively atmosphere and local flair or venture further south to Seine Bight or Placencia villages.

## Typical Daily Itinerary:

**Day 1:** Your adventure starts with a pick up in the coastal town of Dangriga, and a short 30 minute drive into the southern Maya Mountains. Situated in the middle of Mayflower Bocawina National Park, Bocawina Rainforest Resort is the perfect location to experience the broadleaf tropical rainforest and the amazing flora and fauna.

**Accommodation: Bocawina Rainforest Resort**

**Meals: Dinner**

**Day 2:** Rise with the first light of day emerging through the jungle mist, and experiencing the sounds of the tropics is a pure delight, with the chatter of parrots and parakeets flying overhead. Finding a quiet spot to sip a coffee with binoculars close at hand is a sure way to soak in the essence of the rainforest.

After a hearty breakfast, make a quick stop to the adventure center and get outfitted with a harness. Next you'll embark on an exhilarating and invigorating hike to Antelope Falls. This hike carries us deep into the national park, past an un-excavated Maya trading center and up steep rainforest trails. We make a slow and steady pace up towards the falls, stopping to learn about the jungle flora and fauna along the way.

At the crest of the hike, enjoy a rewarding cool off in the refreshing emerald pools above the falls. From the top of the hill, we can see past the lowland savannah all the way to the Caribbean sea - a breathtaking setting. After a break, the guides will set us up to rappel down Antelope Falls. This is optional and highly recommended for those looking for a thrill. Guests are welcome to hike back down rather than rappel down. We hike back to the restaurant to enjoy our lunch.

After lunch, you will experience Belize's longest rainforest canopy zip-line! Start back in the adventure center and get outfitted in your zip-line gear before a hike to the top of the property. After a thorough safety briefing and demonstration we cross the suspension bridge and onwards to the first platform. We cross 14 towers, on 9 different runs during this thrilling experience. After the course, return to the lodge for a well deserved "boca" and a refreshing drink.

**Note:** Antelope Falls is a 2 pitch, 250 foot drop. A minimum of 100lb per participant. An alternative for families with children and those looking for a less strenuous experience, we recommend Bocawina Falls hike and rappel.

**Accommodation: Bocawina Rainforest Resort**

**Meals: Breakfast, Lunch, Dinner**

All itineraries are subject to change depending on weather and safety considerations.

**As our international guest, flexibility is key to an unforgettable and un-BELIZE-able experience.**



*"If you are looking for adventure in a remote pristine spot you couldn't possibly go wrong. Excellent organization, friendly, and knowledgeable staff. This is a trip of a life time, worth repeating too!"*

*Frank - AB Canada*

### Itinerary Cont.

**Day 3:** The choice is yours. A free day in the rainforest. Dawn a backpack, a cool drink and head out for a hike through one of the many rainforest trails throughout the park. We suggest a hike to Bocawina falls to start and see if you would like to hike the great loop through 5 different waterfalls, returning to the lodge for dinner.

**Accommodation:** Bocawina Rainforest Resort

**Meals:** Breakfast, Lunch, Dinner

**Day 4:** Your last morning at Bocawina is completely flexible. You can stay close to the resort or follow a trail to a favourite pool or waterfall. We can arrange your transfer to Placencia right after breakfast, or we can drop you off later in the day if you want more rainforest time!

Upon reaching the beach resort in Placencia, settle into your accommodations and venture to the pool for a refreshing sip and dip. Later, take an exploratory walk along the palm-lined beaches of Maya Beach or book a relaxing massage at In Lak'ech Spa. Your schedule is entirely in your hands—choose to be as adventurous or as relaxed as you wish.

The Placencia peninsula is only a mile at its widest, and this resort is uniquely positioned between the Placencia Lagoon on the west, and the Caribbean Ocean to the east. You can stroll without interruption and cross from the lagoon to the beach on the same property. While meals are not included during your beach stay, you can enjoy fabulous meals at Restaurant Laguna, Neapolitan-style pizza at Don Tonito's or choose to wander down to Maya Beach village.

**Accommodation:** Umaya Resort

**Meals:** Breakfast

**Day 5, 6:** Spend the following two days exploring the village of Maya Beach or venture further down the Peninsula. Unwind on the property, in a hammock with your favourite read, or venture off with one of the resort's many day tour options. We suggest visiting Placencia Village, with its diverse array of shops, eateries, and bars, and then venture to Seine Bight Village to experience authentic Garifuna music and culture.

**Accommodation:** Umaya Resort

**Meals:** Not included

**Day 7:** Enjoy an early morning swim, or take this last day at your leisure. Coordinate your departure with the front desk to the local airport in Placencia, where your trip ends.

**Accommodation:** None

**Meals:** Not included

### EXTRA NIGHT AT BOCAWINA

Add an extra night to explore the jungle and enjoy an off-site tour on the 4th day of your trip! There are many tours available at Bocawina Rainforest Resort, from chocolate making to Mayan ruins, from cave exploration to horseback riding. Connect with our Trip Planners to customize your Belize adventure!

