



Rainforest & Reef - Thatch Caye

Enjoy the best of both worlds! Embark on a journey that takes you from the pristine tropical rainforest to a secluded island in the South Water Caye Marine Reserve.

Duration: 5 Nights

Starts: Dangriga

Finishes: Dangriga

Seasonal Trip: May to November

Habitats: Barrier Reef & Tropical Rainforest

Activity level: ●●○○○ [2] No experience required

Activities: Self-guided kayaking, paddle boarding, snorkeling, sailing, birding, ziplining, hiking, rappelling

Optional: Scuba diving, off-site tours (fees apply)

Package includes:

- 3-night premium accommodations in the jungle
- 2-night premium oceanfront cabana on the reef
- Meals (as per itinerary)
- Land and boat transfers between locations
- Guided jungle adventures, gear and equipment (as per itinerary)
- Local alcoholic and nonalcoholic drinks on island
- Park fees and taxes

Accommodations: Bocawina Rainforest Resort & Thatch Caye Resort

Package does not include: airfare, gratuities, medical/travel insurance, scuba diving and off-site tours, costs incurred by flight delays

Trip Highlights: Longest zipline in Belize, Antelope Falls hike, island al fresco dining, Grand Slam fishing (permit, bonefish and tarpon), Starfish overwater bar, and unlimited local cocktails at Thatch Caye three bars!

Recommended for: Honeymooners, couples, families, LGBTQ travelers, social media gurus, girls trip, fishing aficionados

Pairs well with: Cayo Caves & Temples Extension, Sacred Caves & Temples Extension, Glover's Getaway

Pricing based on Double Occupancy. Single supplement not available. Contact our Trip Planners for details.



Enjoy the best of both worlds! Start your journey in the untouched beauty of Mayflower Bocawina National Park's tropical rainforest for 3 Days of all-inclusive guided adventures at Bocawina Rainforest Resort. Then escape for 2 nights to Thatch Caye Resort, a private island all-inclusive resort with a maximum of 30 guests. Stay at this picture-perfect destination, guaranteeing a unique experience.

Typical Daily Itinerary:

Day 1: Your adventure starts with a pick up in the coastal town of Dangriga, and a short 30 minute drive into the southern Maya Mountains. Situated in the middle of Mayflower Bocawina National Park, Bocawina Rainforest Resort is the perfect location to experience the broadleaf tropical rainforest and the amazing flora and fauna. You'll start your trip by settling in and learning about the property and the experiences that lie ahead in the surrounding mountains and rainforest.

Accommodation: Bocawina Rainforest Resort

Meals: Dinner

Day 2: Rise with the first light of day emerging through the jungle mist, and experiencing the sounds of the tropics is a pure delight, with the chatter of parrots and parakeets flying overhead. Finding a quiet spot to sip a coffee with binoculars close at hand is a sure way to soak in the essence of the rainforest.

After a hearty breakfast, we will make a quick stop to the adventure center and get outfitted with a harness. This exhilarating and invigorating hike to Antelope Falls carries us deep into the national park, past an unexcavated Maya trading center and up steep rainforest trails. We make a slow and steady pace up towards the falls, stopping to learn about the jungle flora and fauna from the guides.

At the crest of the hike, there is a rewarding cool off in the refreshing emerald pools at the top of the falls. From the top of the hill, we can see past the lowland savannah to the Caribbean Sea. Just a breathtaking setting. After a break, the guides set us up to rappel down Antelope Falls. This is optional and highly recommended for those looking for a thrill. Guests are welcome to hike back down rather than rappel down. We hike back to the restaurant to our pre-ordered lunch.

Note: Antelope Falls is a 2 pitch, 250 foot drop. A minimum of 100lb per participant. An alternative for families with children and those looking for a less strenuous experience, we recommend Bocawina Falls hike and rappel.

After lunch, you will experience Belize's longest rainforest canopy zipline! You start back in the adventure center, to get outfitted in your zipline harness. You will hike to the top of the property for a thorough safety briefing and demonstration from your guides. Then, we cross the suspension bridge to the first platform, where the zipline through the canopy begins. We cross 14 towers, on 9 different runs on this thrilling experience. We return to the lodge for a well deserved "boca" and a drink.

Accommodation: Bocawina Rainforest Resort

Meals: Breakfast, Lunch, Dinner

All itineraries are subject to change depending on weather and safety considerations.
As our international guest, flexibility is key to an unforgettable and un-BELIZE-able experience.

"The perfect spot for all your water activities whether it be fishing to diving. Or if you just want to relax surrounded by the Caribbean then Thatch Caye can cater to your every needs. We partook of most of their adventures from excursions to Mayan temples to diving and snorkeling the Belize reef. The staff was always accommodating and flexible. The rooms air conditioned (at Thatch Caye) provided a great retreat when you got overheated"

Jim - North Carolina USA

Itinerary Cont.

Day 3: The choice is yours. A free day in the rainforest. Dawn a backpack, a cool drink and head out for a hike through one of the many rainforest trails throughout the park. We suggest a hike to Bocawina falls to start and see if you would like to hike the great loop through 5 different waterfalls, returning to the lodge for dinner.

Accommodation: Bocawina Rainforest Resort

Meals: Breakfast, Lunch, Dinner

Day 4-5: After breakfast, we travel to the coastal town of Dangriga to meet with a boat charter waiting to take you to Thatch Caye on the western side of the central barrier reef zone. This location is a stunning little private island is the perfect place to catch the sunsets over the Maya mountains.

Thatch Caye is a barefoot casual elegant resort. During your stay, you will have unlimited access to kayaks, paddle boards, snorkel gear, fishing poles, a sail boat, and other non-motorized island toys. The Grove serves delicious buffet style meals under the Caribbean stars.

Three square meals a day (plus, all local alcohol and non-alcoholic drinks are also included here) are provided, but you have all the flexibility to design your day the way you see fit. Guided activities and Scuba diving are available for an additional charge. End each day at the Starfish bar, recounting stories of the day's adventures.

Accommodation: Thatch Caye Resort

Meals: Breakfast, Lunch, Dinner

Day 6: For your last morning on the island, you wake up for morning yoga at Serenity Point. Grab a mask, snorkel, and fins to explore the saltwater natural pool. You can also swing in a hammock or relax by the beach for a slower pace. A motor boat will take you back to Dangriga after breakfast. A driver can take you back to the airport, where you can catch your domestic flight to your next destination.

Accommodation: None

Meals: Breakfast

Contact our Trip Planners for Flight & Hotel Packages or to extend your Belize itinerary by combining this trip with another Island Expeditions adventure.



All itineraries are subject to change depending on weather and safety considerations.

As our international guest, flexibility is key to an unforgettable and un-BELIZE-able experience.