

Belize Itinerary

Moho River Extension



Moho River & Remote Mayan Villages - Paddle Downstream on a Rainforest River Exploration

Duration: 3 nights Price: \$TBD US per person

Starts: Dangriga Activity level: 3 - No experience required

Finishes: Belize City Habitats: Broadleaf Rainforest

Guides: 1-2 leaders

Activities: Whitewater Paddling on a Rainforest River, Wildlife, Hiking, Birding, Photography, and Natural History Interpretation.

Accommodations: Biltmore Plaza Hotel, Jungle camping

The **Moho River Extension** journeys to one of the last remaining untouched regions of Belize. Embark on an exhilarating three day whitewater paddling trip using inflatable kayaks. You'll navigate the rainforest valleys of the Moho River, camp in the jungle, and visit remote Mayan villages. This trip is ideal for the adventurer who wants to explore the rivers and rainforests of Southern Belize, experiencing the traditional village life of the Maya people.

Participants on this trip do not need to have river experience. Your guides will provide thorough instruction on river travel and boat handling skills at the beginning of the trip. This Extension takes place in a remote rainforest river valley in southern Belize. It involves navigating rapids and pour-overs as you descend the Moho River. Weather conditions can greatly affect water levels and may increase the level of difficulty while using the kayaks.

Please note all itineraries are subject to change depending on weather or safety considerations. Flexibility as our guest and as an international traveler is the key to an awesome experience.



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Typical Daily Itinerary

Day 1: Your meeting point is in Dangriga at 8am. From here you'll drive further south to the Toledo District in the southern Belize jungle. A traditional lunch will be prepared for you in the Mayan village of Santa Theresa. For the next two days you will break contact completely with the outside world and become a part of the mist shrouded rainforest. You'll follow the Moho River through beautiful canyons and lush rainforest. Each bend of the river reveals its dynamic nature. Your journey takes you along calm meandering waters reflecting the intense green of the jungle. The river carries you over stretches of rapids, pour-overs, and spectacular waterfalls on your descent from the Maya Mountains to the sea.

Once on the river, your guides will conduct a brief orientation on the boats and river. You'll be given as much time as needed to practice your new boat-handling skills so you can safely navigate the rapids and pour-overs. Following the orientation and practice session, you'll begin your journey along one of Belize's most beautiful rivers. Travel through pristine rainforests to your first Belizean river camp.

Accommodation: Jungle River Camping Meals: Lunch, Dinner

Day 2: Rise early and savor the beauty of this idyllic setting before enjoying a delicious breakfast. After packing up camp, you will head off for another day on the Moho River. During the river paddle your Mayan guides and North American leaders emphasize the importance of understanding the ecology of the rainforest. They'll share their unique knowledge of the habits of the wildlife and help you gain an appreciation for the richness of Mayan folklore. When the water levels are ideal, you typically arrive at the second bush camp by mid-afternoon and switch to land based activities. Some of the activities you will have the opportunity to engage in are hiking, birding, photography, and wildlife identification.

Accommodation: Jungle River Camping, Meals: Breakfast, Lunch, Dinner

Day 3: As you continue your journey today, you'll leave the Maya mountains and enter the coastal plain of Belize. The river will begin to meander with quiet pools interspersed in the gentle current. It is common to see a Mayan family along the riverbanks or paddling dugout canoes in these large river pools. Paddling downstream you will arrive at the river pullout by afternoon. You will be met by IE staff and taken for a final lunch in the Mayan village of Jordan. You'll then travel back to the coastal town of Dangriga where we connect you with a domestic flight to Belize City and transfer you to the Biltmore hotel for your last night.

Accommodation: Biltmore Plaza Hotel Meals: Breakfast, Lunch, Dinner is NOT included this

night

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