

## RAINFOREST CANOPY EXTENSION



A

### three day Eco-Lodge Adventure in the Rainforests of Southern Belize

Duration: 3 days/2 nights

Starts: Dangriga

Guides: 1-2 leaders

Price: \$599 USD or \$669 CAD

Add \$60/person for Cockscomb Jaguar Reserve Option (2 person minimum)

Year-Round Dates

Based on hotel availability

This trip can be arranged for any date.

Call 1-800-667-1630 for details.

Habitats: Broadleaf Rainforest

Activity level: 2/5

Web address: [www.rainforestcanopy.travel](http://www.rainforestcanopy.travel)

Activities: Mayan ruins exploration, zipline, waterfall swimming and rappelling, hiking, trail walks, birding, photography, natural history interpretation; off-site cultural/birding/wildlife tour.

Accommodations: Bocawina Rainforest Resort (formerly [Bocawina Rainforest Resort](#) at Mayflower Ruins)

The Rainforest Canopy Extension travels off-the-grid to a jungle lodge and eco-resort in the southern Maya Mountains. Situated within 7000 acre Mayflower Bocawina National Park and adjacent to the world famous 10000 acre Cockscomb Basin Jaguar Reserve, our location is superb for adventure. You can choose to journey through the rainforest canopy on Central America's longest zipline and hike along bush trails to waterfalls and unexcavated Mayan ruins. Or for a quieter thrill, you can opt for hiking, waterfalls, and flora and fauna focused experiences. This adventure is ideal for guests who would like to explore and stay in a remote tropical rainforest while vacationing in Belize.

### Typical Daily Itinerary:

At Bocawina Rainforest Resort you can choose from a range of fully guided adventure experiences. Decide just how active or challenged you want to be! A choice of one Standard Activity and one Full Day Activity is included in the package price. Please inquire with our staff about additional [specialized activities](#) that can be booked at the eco-resort for an additional fee.

**Day 1:** Your adventure starts at our Operations Base in the coastal town of Dangriga. From here you'll travel a short distance "off the grid" and into the southern Maya Mountains. You'll have a special welcome at our rainforest lodge where you'll be staying for the next two nights. This is a true eco-resort in the middle of Mayflower Bocawina National Park. The lodge is powered by an array of solar panels and a small-scale hydroelectric generating station. Wi-Fi is available in the restaurant so you can share daily experiences with family and friends from this remote rainforest setting.

## Rainforest Canopy Cont...

You'll start your trip by settling into our lodge and learning about the property and the experiences that lie ahead in the surrounding mountains and rainforest. That afternoon you can choose from the guided Bocawina Rainforest trail walk or the longest rainforest canopy zipline in Central America!

On the Bocawina Rainforest Trail Walk, you will hike along bush trails as you discover local birds, wildlife, waterfalls, and unexcavated Mayan ruins. Your guides will point out medicinal plants and bring to life the layers of biological diversity that make the worlds' tropical rainforests such a rewarding experience.

If you opt for the Rainforest Canopy Zipline, you will hike up the slopes to the start of the zipline for a thorough safety briefing from your guides. Then, outfitted in your safety harness, you will climb to the first platform where your adventure through the canopy begins! **Accommodation:** Jungle Lodge **Meals:** Lunch, Dinner

**Day 2:** Rise with the sun and be on the grounds for the first light of day emerging through the jungle mists. Waking up to the sounds of the tropics is a pure delight, with the chatter of parrots and parakeets flying overhead, the fresh morning air scented with tropical blossoms, and the expectation of an exciting adventure-filled day ahead. There is no need to venture far to experience the heart of the jungle. Finding a quiet spot to sip a coffee with binoculars close at hand is a sure way to soak in the essence of the rainforest.

After breakfast, you can choose from an exhilarating hiking expedition to Antelope Falls or a cultural/birding/wildlife excursion to the Cockscomb Basin Jaguar Reserve and some of the local villages.

On the Antelope Falls Waterfall Adventure you will go on an invigorating hike through the rainforest, learning about the jungle flora and fauna from your guides. After your challenging hike you will enjoy a picnic lunch while you cool off in the refreshing emerald pools at the top of the falls. From the top you can see all the way to the Caribbean Sea. At this point you can choose to go on a waterfall rappel or just relax and swim in this breathtaking setting.

The Cockscomb Wildlife Sanctuary and Cultural Village Tour travels by van twenty minutes from our jungle lodge to Cockscomb Basin Wildlife Sanctuary and Jaguar Reserve. You will enjoy a guided trail walk and some amazing bird watching and wildlife viewing opportunities. Cockscomb is home to the world's largest concentrations of jaguars, as well as other endangered animals including ocelot, margay, baird's tapir, and scarlet macaw. After the hike, you will visit the nearby Maya Center, the Women's Craft Cooperative, and Che-il Cacao - a traditional cacao chocolate maker. As you wind your way back to the jungle lodge, you will drive through the tranquil Creole Village of Sittee River, stopping at the historic Serpon Sugar Mill. From there you will enjoy a traditional lunch at a beachside café in the small fishing village of Hopkins. Hopkins is considered the cultural capital of the Garifuna people in Belize and is a great place to experience the food, music and traditions of the Garifuna people. This off-site tour is available for an additional \$60 per person (to cover vehicle costs and Park fees) and a two person minimum applies.

This evening, you may want to sign up for the eco-lodge's optional nocturnal hike. A walk in the rainforest is magical at night, exploring the moonlit trails and listening to the calls of the crickets, frogs and birds. You are likely to encounter paca, owls and kinkajou ...and maybe even see a wildcat! **Accommodation:** Jungle Lodge **Meals:** Breakfast, Lunch, Dinner

**Day 3:** Victoria Peak, the highest peak in Belize, emerges early from the mists this morning. It reminds us of the many secret places that lie hidden in the swaths of green jungle. Five species of wildcats pad silent trails and the legendary Harpy Eagle nests in the upper reaches of the canopy. Day three is completely flexible. You can stay close to the lodge or follow a trail to a favorite pool or waterfall. Your return transportation by van to Dangriga can be arranged for either before or after lunch.

**Accommodation:** Not Applicable **Meals:** Breakfast (if you arrived after lunch on Day 1 then lunch can be included on this day)

You will have free time on this itinerary to explore or relax at your leisure. There are nearby swimming holes, waterfalls, a small Mayan ruin and forest trails that you can explore without guides. Bocawina National Park offers five waterfalls that can be accessed from the eco-resort. There are also optional guided activities that can be organized at an additional cost through the lodge. Please visit [www.rainforestcanopy.travel](http://www.rainforestcanopy.travel) for further trip details and images.