

JUNGLE & BEACH EXPLORER - HOPKINS



An eco-lodge adventure in the Rainforests of Southern Belize, with relaxation & beach-time in the Garifuna village of Hopkins

Duration:	7 nights	Habitats:	Broadleaf Rainforest, Coastal Village
Starts:	Dangriga	Activity level:	2/5 - no experience required
Finishes:	Hopkins	This trip can be arranged for any date, year round. Based on hotel availability. Call 1-800-667-1630 for details.	
Guides:	1-4 leaders @ Bocawina; Independent @ Hopkins		
Price:	\$1525US + \$225 Taxes & Fees Parrots \$1525US + \$225 Taxes & Fees Beaches		

Activities: Choose 4 activities from a wide range of Guided Activities and Excursions available at Bocawina Rainforest Resort & Adventures; 1 Green, 2 Blue & 1 Red Activity Option – [Details Here](#) Bocawina Resort Activities include zip-lining, birding, waterfall rappelling/hiking, off-site birding & wildlife tours, cave tubing & Mayan ruins exploration. Beach Resort Activities include swimming, snorkeling, paddling & cycling; Garifuna culture & traditional foods, fishing & drumming.

Accommodations: [Bocawina Rainforest Resort](#) at Bocawina Mayflower National Park; Choice of these Beach Hotels ([Beaches & Dreams](#) or [Parrots Cove](#)) at Hopkins Village.

The Bocawina to Hopkins Jungle and Beach Explorer combines a four night active adventure at Bocawina Rainforest Resort with three nights in the beachside community of Hopkins. This itinerary is ideal for guests who would like to combine an off-the-grid rainforest experience with some time to relax by the beach at the nearby Garifuna fishing village.

Our Bocawina Rainforest Resort is located inside the 7000 acre Mayflower Bocawina National Park and adjacent to the world famous 10000 acre Cockscomb Basin Jaguar Reserve. You will have four days at our unique eco-lodge in this remote jungle setting, and the opportunity to hand pick your daily adventures! After your time in the rainforest, you will spend three nights at a beachfront hotel at a small Garifuna village with plenty of time to swim, relax by the pool and wander the streets to catch the cultural vibe of Hopkins eclectic community.

Typical Daily Itinerary:

Day 1: You will be picked up at Dangriga Airstrip or our Dangriga Operations Base and travel 30 minutes “off the grid”. Bocawina Rainforest Resort is a true eco-resort in the middle of Mayflower Bocawina National Park. The lodge is powered by an array of solar panels and a seasonal small-scale hydroelectric generating station. Wi-Fi is available in the restaurant so you can share daily experiences with family and friends from this remote rainforest setting. Upon arrival, after a special orientation, you will have time to settle into the lodge and learn about the experiences that lie ahead in the surrounding mountains and rainforest. This itinerary gives you flexibility to pick from an extensive range of activities and excursions available on-site, off-site and within the national park. You can customize them to suit your activity level and interests. Consider starting off with the Rainforest Canopy Zip-line –an exhilarating ride with eight runs and a rappel! In the evening, join a guided nocturnal hike and witness first-hand the fascinating transformation of the jungle at night.

Accommodation: Bocawina Rainforest Resort

Meals: Lunch, Dinner

Day 2, 3, 4: Waking up to the sounds of the tropical jungle is a pure delight, with the chatter of parrots and parakeets flying overhead, the fresh morning air scented with tropical blossoms, and the expectation of an exciting adventure-filled day ahead. After breakfast, you will embark on your selected tour for the day. Try a guided Bocawina rainforest trail walk, hiking along bush trails as you discover local birds, wildlife, leading to waterfalls and unexcavated Mayan ruins. Your guides will point out the diversity that make tropical rainforests such a rewarding biological experience. Should you prefer to venture on one of the many off-site adventures: Descend into the Mayan archeological site of Actun Tunichil Muknal (ATM) Cave –the most popular caving expedition in Belize. Alternately, cruise along the wildlife-rich Monkey River with a stop at Placencia for lunch and a bit of shopping.

Accommodation: Bocawina Rainforest Resort

Meals: Breakfast, Lunch, Dinner

Day 5: Your last morning at Bocawina is completely flexible. You can stay close to the lodge or follow a trail to a favorite pool or waterfall. We can transfer you to Hopkins right after breakfast, or drop you off later in the day. The choice is yours! We have left your time at Hopkins totally flexible so you can be as relaxed or as active as you like. Lounge poolside, hop on a bicycle or sign up for an optional excursion at the hotel activity desk. Meals can be enjoyed at the hotel, or you may want to check out some of the nearby restaurants and bars. Hopkins has an interesting mix of cultures and cooking styles that appeals to talented chefs and most foodies.

Accommodation: Hopkins Beach Hotel

Meals: Breakfast at Bocawina; Meals on own at Hopkins.

Day 6, 7: Spend the next two days relaxing by the pool, strolling along the beach, and discovering Hopkins Village and the surrounding area. Watch the local fisherman paddle out at sunrise in dug-out canoes to catch their fish for the day. Take a kayak out to see the sun set over Victoria's Peak, and view the rest of the mystic Maya Mountains as another day in paradise closes its eyes. Enjoy an evening of local Garifuna Drumming and sample some Belizean cuisine. Mingle with the friendly villagers, and experience Hopkins' rich Garifuna culture.

Accommodation: Hopkins Beach Hotel

Meals: On own

Day 8: Enjoy an early morning swim, or take a bike ride through the village. This last day is yours to enjoy at your leisure before you fly home or continue on your travels. Please let us know if you would like assistance with transport out of Hopkins including a flight from Dangriga airstrip to Belize International Airport to connect with your flight home.

Accommodation: n/a

Meals: On own

HOTEL OPTIONS - HOPKINS

Beaches & Dreams Resort

Located at the southern edge of a five mile coastline, it is the "last resort" on the beach. You can enjoy a feeling of seclusion, yet still within walking distance of other resorts and the village of Hopkins. The resort offers cozy, colorful beachfront rooms with great views of the Caribbean ocean. There are two choices of accommodation:

- Beachfront Cabanas - Spacious rooms with ocean view. King Bed, futon or bunk beds. Private bathroom with hot and cold water, ceiling and floor fans. No AC, televisions or telephone.
- Boutique Hotel – Spacious 500 sq. ft. rooms, great spot for families or couples traveling together. Offers seafront veranda. Queen and double beds, air-conditioning, mini-fridges, and flat screen TVs.

Barracuda Bar & Grill – one of the most highly acclaimed restaurants in Belize, offers Mediterranean Cuisine and casual Belizean style. It has a wonderful open air dining deck 30-feet away from the sea. Open for breakfast, lunch and dinner.

Hotel amenities: Beachside swimming pool, and complimentary use of kayaks and bicycles.

Tours & Activities - [Optional tours and activities](#) can be booked at the lodge for an additional charge.

Parrots Cove Lodge

A comfortable beachfront hotel within easy walking distance to Hopkins village. It offers the perfect location whether you are seeking offshore and inland adventures, or simply looking for rest and relaxation. Colorful poolside rooms. Queen or two double beds. Air conditioning, private bathroom, coffee maker, fridge, flat screen TV.

Two restaurants on site: Chef Rob's Gourmet Café – overlooking the ocean, features an eclectic cooking style, and changes its dinner menu daily based on availability of market fresh product. Love on the Rocks – a small cozy beach restaurant offering 'stone grill cooking', bringing back a tradition started thousands of years ago by the ancient Maya.

Amenities: Courtyard pool and beach. The beachfront is ideal for lounging. Diving and snorkeling accessible and convenient.

Guests have complimentary use of bikes, kayaks, and snorkel gear (when used on property).

Tours & Activities – [Optional tours and activities](#) can be booked at the lodge for an additional charge.